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nālandā international school



Happenings

EDITORIAL

● September began on a happy and refreshing note, bringing lots of energy and excitement to school life. Teachers' Day was one of the highlights, with students expressing their love and gratitude through lively dance performances and a fun presentation of interesting awards for their teachers. Learning became more meaningful when students of Middle School and Senior School visited the Pre-School, Junior School and Senior School for peer teaching. These enjoyable interactions gave students a wonderful opportunity to learn from one another. As the month progressed, exam mode was on, with students across the Junior, Middle and Senior Schools engrossed in their examinations and preparing with focus and dedication. Janmashtami was celebrated with great enthusiasm across the school. The Middle School added to the festive spirit with an exciting tug-of-war, bringing out teamwork, friendship and plenty of cheers. The pleasant September weather, with sunny days, cloudy skies and refreshing showers, added to the charm of the month. The September Equinox also marked the change of season. Overall, September was a lovely blend of learning, preparation, laughter and celebration, leaving us with many happy memories. **- Ahana Gandhi, 11 Humanities**

UPDATES

Date	Events
3rd Oct.	Joint Assembly
5th Oct.	Parents' Workshop (Junior School)
7th to 10th Oct.	Cl 9 - Nature Camp to Greater Rann
9th, 10th Oct.	PEM - 1 (PS, JS, MS)
12th Oct.	Parents' Workshop (Pre School)
13th, 14th Oct.	Matrupuja
17th Oct.	Navratri Celebration
21st Oct.	Parents' Workshop (Classes 1 & 2)
21st to 23rd Oct.	Reading Week - Middle School
22nd Oct.	Parents' Workshop (Classes 3 & 4)
23rd Oct.	Night Out - Cl 7
23rd, 24th Oct.	PEM - 1 (Senior School)
26th Oct.	Parents' Workshop (Pre School)
27th to 30th Oct.	Cl 8 - Nature Camp to Kumbhalgarh
30th Oct.	Joint Assembly

OCTOBER ALMANAC

Date	Day	Events
2nd	Fri	Gandhiji Jayanti
		Lal Bahadur Shashtriji Jayanti
8th	Thur	Indian Air Force Day
9th	Fri	World Postal Day
10th	Sat	World Mental Health Day
11th	Sun	Navratri begins
20th	Tue	Dussehra
24th	Sat	United Nations Day
26th	Mon	Maharshi Valmiki Jayanti
31st	Sat	Sardar Patel Jayanti,
		Halloween

HIGHLIGHTS

● **Janmashtami:** Janmashtami was celebrated on 7th September with great joy and enthusiasm. A special joint assembly for the Pre School and Junior Schools was held in the beautifully decorated JS courtyard. Fresh flowers and traditional torans added to the festive mood. The celebration began with a traditional aarti and the worship of Bal Gopal. The little ones of Jr KG Alpha delighted everyone with an energetic dance performance, followed by a melodious Krishna bhajan presented by Class 2B. The excitement continued with a lively tug-of-war involving students from the PS, JS and MS. Children participated enthusiastically, cheering for their teams and displaying wonderful sportsmanship. It was a joyful celebration that brought together devotion, culture and fun, leaving everyone with happy memories. Following are the results of the the inter house tug-of-war competition.













● **Teachers' Day:** Teachers' Day was celebrated on 5th September with great joy and enthusiasm. Students of the Senior and Junior Schools presented a beautiful cultural programme, with lively dances and soulful singing. Each educator was also gifted a lovely handmade greeting card by the students, making the occasion even more special. The Middle School students put up a similar programme, filled with cheerful performances. Teachers thoroughly enjoyed the dances and the delightful performances by students across the school. It was a wonderful day filled with love, appreciation and happy moments. The celebrations brought a fresh wave of energy and left the teachers feeling rejuvenated and ready to continue their journey of inspiring young minds.











































● **Ganesh Chaturthi:**

नालंदा विद्यालय के प्रांगण में भगवान श्री गणेश का पावन आगमन गणपति बप्पा मोरया के जयघोष और अपार उत्साह के साथ हर्षोल्लास से मनाया गया। हर चेहरे पर उमंग, हर हृदय में भक्ति और हर तरफ अद्भुत खुशी देखने को मिली। भक्तिमय आरती, श्रद्धा से भरा वातावरण और मनमोहक सुंदर नृत्य प्रस्तुति ने सभी के दिलों को आनंद और भक्ति से भर दिया। भगवान गणपति का आशीर्वाद हम सब पर बना रहे।









● **Geeta Chanting:**

अत्यंत हर्ष के साथ सूचित किया जाता है कि प्रत्येक वर्ष की भाँति इस वर्ष भी नालंदा विद्यालय में २४ अगस्त २०२६ को चिन्मय मिशन वडोदरा के सहयोग से गीता श्लोक वाचन प्रतियोगिता के प्रथम चरण का आयोजन किया गया। जिसमें इस बार नर्सरी के नन्हे-नन्हे छात्रों ने भी श्लोक वाचन कर एक मिसाल कायम की। अत: इस वर्ष प्री स्कूल की सभी कक्षाओं के छात्रों के साथ-साथ जूनीयर स्कूल तथा मिडिल स्कूल के विद्यार्थियों ने भी अपनी सहभागिता निभाई। कार्यक्रम में चिन्मय मिशन वडोदरा से स्वामी देवेशानंद के साथ-साथ २० सदस्यों की निर्णायक समिति का सहयोग सराहनीय रहा। छात्रों के उत्तम प्रदर्शन व उत्साहवर्धन के लिए नालंदा परिवार सभी के प्रति आभार प्रकट करता है।






● **The Joy of Giving and Learning:** As part of our Foundation Day celebrations, Nalanda reached out to nearby Anganwadis and schools to spread joy and encourage young learners.

On 19th August, our students visited six Anganwadis at Mahapura, Khanpur, Sevasi, Sonarkui and Ampad. Educational toys such as blocks, peg boards, puzzles and picture books were donated to make learning more enjoyable. Each Anganwadi was also provided with a cupboard to organise these resources.

On 20th August, we visited eight Prathamik Shalas and felicitated students from Balwadi to Class 8 who had secured the 1st, 2nd and 3rd positions. They received educational kits with books, bags, pencil boxes, bottles and storybooks to support their learning journey.

On 21st August, we visited Sevasi High School and Gayatri High School to felicitate Class 10 and 12 board toppers with Kisan Vikas Patra investments of Rs. 10,000 and Rs. 8,000 respectively.

For our students, these visits were more than just a Foundation Day activity. Meeting the children, seeing their smiles and sharing something useful with them made them realise that even a small gesture can bring happiness. The experience helped them understand the true joy of giving and being thoughtful towards others.








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● **Here's what our students had to say after their visit:**

• This visit made me feel thankful for all the things I have in my school. I learnt that we should value our books, teachers, school and all the facilities that we get. I want my school mates to be thankful and never waste the things we have. **-Bhavy, 4δ**

• I was surprised to see the students serving food to their friends during the mid-day meal. They were helping each other with care. I learnt that serving others is a good habit. I want to help my friends and be caring towards everyone. **-Heli, 4α**

• I was happy to see the students cleaning their own school. They did not wait for someone else to clean. I learnt that keeping our school clean is our responsibility. I will keep my classroom and school clean. **-Valmik, 4α**

• It was a wonderful experience for me. I learnt many good values like discipline, cleanliness, kindness, sharing, helping and respecting others. I want to follow these values in my life and also inspire my schoolmates to follow them. **- Rutva, 4γ**

• I was surprised to see that the students knew all the prayers and shlokas by heart. They were singing together with confidence. I learnt that we should practice regularly. I want to learn my prayers well and encourage my friends to do the same. **- Dhrihaan, 4β**

• My experience on Nalanda Foundation Day was very special and happy. I saw the students conducting their own assembly. They were confident and disciplined. I want to be more responsible like them and also want my classmates to learn to take responsibility. **-Nivaan, 4ε**

• The children's happiness, discipline and enthusiasm during the assembly touched me. They taught me to appreciate what I have and be grateful for simple joys**.**

- Rudraa (8γ), Cultural Head

• The visit touched me deeply. I loved seeing the children's bright smiles, curiosity and discipline. The Gujarati prayer command, "Hanth baju, upar, hanth jodo, aankho bandh," followed by the prayer and instruments, was a beautiful moment. Their happiness and gratitude, despite having fewer facilities, truly inspired me**.** **- Jivika (8α), Prefect - Jal House**

• I am grateful for the opportunity to bring smiles to the children's faces. Their happiness in the smallest things taught me to be thankful for what I have. I especially loved their disciplined prayer with different instruments. The visit inspired me to donate more often and help others.

- Mahi (8α), Sports Secretary

ALUMNI EDITORIAL



● Life After School (Nobody Warned Me About This)

Growing up, we're told that once school ends, life slows down - that this is when we finally blossom into the confident adults we're destined to be. Whoever came up with that clearly never set an alarm for 6 AM to study taxation law entirely alone, in silence, with only a cup of chai for emotional support.

Yes, it's no longer compulsory to catch the bus, sit through seven hours of class, or sprint home for supplementary lessons. But nobody mentions that freedom comes with a terrifying side effect: now you have to be the strict teacher, the nagging parent, and the overly ambitious student, all at once. Multitasking, truly. I chose a path many students avoid - staying home to prepare for the Chartered Accountancy exams. There are no bells, no timetables, and definitely no one checking if I've "finished my homework." Just me, a mountain of books, and a syllabus that seems to expand every time I look away, like it's plotting against me. I cleared my Foundation attempt on the first try, and naturally, I did what every overconfident newly-hatched CA aspirant does - I assumed the rest of the journey would be a breezy sequel. Here's the plot twist nobody prepares you for: I failed my Intermediate attempt. Once was enough to humble me completely. I remember staring at that result, fully convinced the syllabus had personally filed a complaint against my existence. For a while, I treated that one failure like a verdict on my entire future. Turns out, I had it backwards. Failure isn't the opposite of success - it's the awkward, humbling rehearsal for it. That one attempt taught me more than any amount of studying could have: how to sit back down after falling, dust off the disappointment, and go again with slightly less delusion and slightly more strategy. So no, life after school isn't a smooth glow-up montage. It's messier, funnier in hindsight, and sometimes built on one hard fall you didn't see coming — and getting up anyway. That, I've realized, is the real syllabus.

-Pratyush Singhvi (Batch-2025)
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B.Com 2nd Year from Maharaja SayajiRao University, Vadodara

Dear Parents,

Please find the email ID of our alumnus below the editorial. You are welcome to reach out to him for guidance or to clarify any queries you may have regarding your child's career choices and future pathways. His experiences and insights can help you make informed decisions about your child's future.

PRE SCHOOL

● **Visit to a Rakhi Stall:** On 24th August, the Pre School students visited a rakhi stall.. They were fascinated by the variety of Rakhis, including cartoon-themed designs, colourful Rakhis, gift hampers, and decorative plates. Some children also excitedly shared stories about the Rakhis they had at home. The visit also gave them a glimpse of Janmashtami preparations, as they explored beautiful clothes, garlands, and swings for Lord Krishna.





● **Rakhi Celebration:** Continuing the festive spirit, our children created beautiful Rakhis as part of their art activity. At Nalanda, Rakhi is celebrated with a special touch as teachers lovingly apply a tikka and tie Rakhis on the little ones' wrists, along with a promise to always care for and protect them. The children were delighted to be a part of this warm and meaningful celebration.



Here's what a parent had to say:

Rakshabandhan celebration was indeed a great memory for Naisha. The way the teacher tied Rakhi to the children, applied tilak and vowing to protect them created the sense and importance of Indian festivals in them. We thank Nalanda for giving such efforts. **-Parents of Naisha, Jr. KG** α

● **Manthan:** Our second Manthan session was held on 24th August on the theme "My Favourite Family Time." Children shared their ideas on spending quality time with family, celebrating festivals together, choosing screen-free activities, and expressing love and care for one another. The session ended on a sweet note with a little house-and-heart tattoo, reminding children of the warmth and love of their family.





● **Nutrition Week:** Nutrition Week was celebrated from 1st to 7th September, where our little ones explored the importance of nutrition in keeping their bodies healthy and strong. Throughout the week, they learned about the importance of including milk products, dry fruits and the goodness of fruits, vegetables, and sprouts on our plate. As a part of the activity, they also brought colourful fruit chaat, sprouts chaat and bhel to school and enjoyed exploring these nutritious foods. Overall it was a healthy and informative week.





● **Project-Based Learning – 'The Great Journey of' …**

Our Project Based Learning journey, held from 7th to 11th September, was full of curiosity and excitement. With the theme "The Great Journey of…", children explored how everyday things like roti, erasers, newspapers, salt, houses, kites, crayons and wheels reach us. They traced each product from its raw materials to the final form through pictures, videos, real objects and hands-on activities. Using pictures brought from home, they creatively presented their journeys on chart paper and enjoyed exploring one another's projects.









- **Assembly Presentations:**

Class	Activity
Nursery	Rhyme Performance
Jr. KG and Sr. KG	News Reading
Educators	Skit on Rakshabandhan, Ganesh Chaturthi, Janmashtami

- **News Readers:**

Jr. KG α	Jr. KG β	Jr. KG γ	Sr. KG δ	Sr. KG ε
Yatharva	Advika	Jainil	Harleenraje	Nivan
Dwita	Avyukt	Dhriya		Vrishti
Nivin		Miraya		Udai













JUNIOR SCHOOL

● **Learning is fun!**: As a part of the Nature Club activity, students of Cl 2 explored the concept of "Shelter" through an engaging hands-on experience in the sand pit. They were encouraged to use their imagination and creativity to build different types of houses using sand and natural materials available around them. They enjoyed working together, sharing ideas, and learning from one another, making the concept more meaningful and enjoyable.






● **Assembly Presentation:**

Class/Activities	Class 3α	Class 3β	Class 3γ
Presentation Title	Simple Inventions We Use Every Day	Transportation Invention - A timeline presentation	Electricity in Everyday Life
Personality Sharing	Alexander Graham Bell – The Man Behind the Telephone	George Stephenson and Wilbur Wright	Nikola Tesla (The Master of Power Transmission)
Skit Title	The Missing Invention	Innovate for a Better Journey	The Magic of Electricity
Extempore Topic	The Joy of Giving	Save Electricity	The Importance of Listening
Action Song Title	"Little Ideas, Big Changes"	Transportation drive all around	Electricity helps us all day








FIELD TRIPS

The first round of field trips has begun, and the children are excited to step out of the classroom and explore. These trips give them a chance to see and experience things they usually read about in books. They learn new things, spend time with their friends, discover new interests and make happy memories along the way. It is a simple and enjoyable way of making learning more real and meaningful.

Class	Place of visit
Class 1 1st Sept.	Plant Nursery: Students saw various varieties of plants like, snake plants, floral plants, fruits plants etc. They also could relate the plants of their own garden after seeing the plants in the nursery. They were all curious to know the names of different plants.
Class 2 2nd Sept.	Students visited a traditional block-printing unit. They enjoyed watching the artisans at work and learnt how beautiful designs are printed on cloth using wooden blocks and colours. The children were fascinated by the process and appreciated the patience and skill of the artisans. It was a fun and meaningful learning experience for them. This was integrated with their ongoing chapter 'Clothes we wear'.
Class 3 3rd Sept.	Students visited an elder care centre where they spent time with the elderly, played games and shared happy moments. They learnt to care for and respect our elders and understand their needs. The visit was a simple yet meaningful experience that taught them kindness, compassion and the importance of caring for others.
Class 4	Students visited a music studio and explored the world of music. They learnt the difference between notes and rhythm, saw different musical instruments and discovered how sounds come together to create music. Through simple hands-on activities, they also experienced different notes.

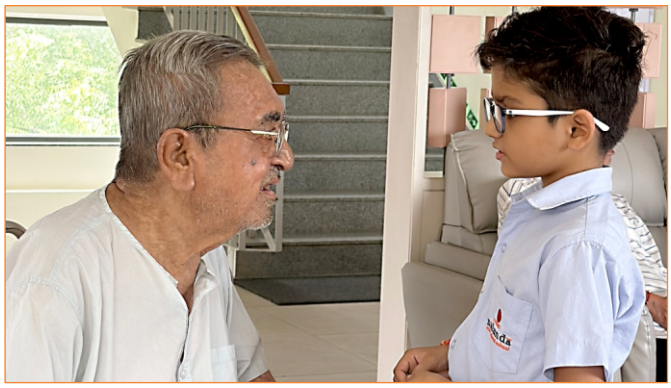









FIELD TRIPS













● **Here's what our students had to say:**

What I loved about the place is that they call it a Care Centre and not a Hospital. **- Nityansh, 3ε**

There were instruments that help people exercise. They gave them warm care and had expert doctors for regular monitoring. **- Dhrihaan, 3α**

We saw many grandparents, they were very strong. One dadi held my hand and sang a poem of her school days. **- Mokshaa, 3β**

The place was peaceful and huge. We saw different rooms. We played games with them. We also sang songs for them. We saw some people having tears in their eyes, we wiped the tears. **- Pankti, 3δ**

We should take care of old people and help them. **- Anvesha, 3ε**

There was physiotherapy and a medical gym. They had a light system. If green light then they were alright and if red light then they need help. **- Kiyaan, 3γ**

We understood the beats, notes and the sound. We also got to know the names of each and every instrument and how they are being played. **-Shivant, 4β**

When we entered the studio we heard Om being chanted. The unique thing was we got to see the instruments closely and I learnt the names of instruments. **- Pooran, 4α**

The best activity was when we closed our eyes and identified the sounds of nature like flowing rivers, burning fire, heavy rainfall, blowing wind and the chirping of birds. **-Advait, 4ε**

We learnt some different styles of clapping. **-Shaurya, 4δ**

It was a great memorable time and was the best field trip ever. **- K. Lalita, 4γ**

● **Inter-School Competition:** Manu inter school competitions were organised by various schools in the month of September. Nalanda participated in most of them. Following is the list of the competitions and the participants respectively.

Triumph by Tejas Vidyalaya

Class	Category	Participants
1 and 2	Once Upon a New Adventure	Maryam Pathan (Cl 1β), Kabir Shah (Cl 2α)
3 and 4	The Great Game Exchange	Innayata Shahani (Cl 3β), Aalia Rupesh (Cl 4δ)
5 and 6	Weaving Worlds Through Stories	Tashvi Alwani (Cl 5β), Mishali Patel (Cl 5β), Arya Kathe (Cl 6α), Ananya Karmarkar (Cl 6β)
7 and 8	Food Without Borders	Vedika Menon (7β), Svara Patel (8δ)

● **Heart-to-Heart Conversation:** Junior School educators and students shared their first Heart-to-Heart Conversation, creating a warm space to connect, listen and understand each other better. These interactions help build trust, understand individual needs and support students in their academic and emotional growth.









● **Viranjali -** the Inter School Dance Competition: Girls of classes 4, 5 and 6 participated in Viranjali - the Inter School Dance Competition at Sapphire School.

Class 4	Kavya Lakhtariya - 4α, Pravya Taparia - 4β, Aarvi Diwan - 4γ, Shanaya Shah - 4δ, Srisha Ghule - 4ε
Class 5	Charvi Patel, Shivani Bhagwat - 5β, Siddhi Agrawal - 5γ, Rutvi Shah -5δ, Priyanshiba Gohil - 5δ
Class 6	Rhea Vora - 6δ, Rajvee Bhardwaj - 6δ, Spruha Katake - 6α, Preisha Shah - 6α, Shree Suthar - 6α

● **Navlit Fest by Navrachana School:**

Category	Participants
I, Me and My Story	Kiean Darji (Cl 1δ), Yaan Patel (Cl 1β), Priyam Nathadwarawala (Cl 2β), Shanaya Shah (Cl 2ε)
Literary Newsroom	Tanishka Shah (Cl 3β), Kavyan Mehta (Cl 4ε), Avyaan Yadav (Cl 5α), Nysha Shetty (Cl 5δ),
	Ishani Shah(5α) Dhyana Bhatt (Cl 5δ)
Shaurya Gatha	Raghav Shukla (Cl 8δ), Rudraditya Shrivastava (Cl 8γ)
Dialectica	Aditya Nair (Cl 9γ), Vanshi Waware (Cl 10α), Oorja Bhow (11 Hum.), Ayaan Patel (11 Sci.),
	Jinansh Saraf (11 Sci.), Ahar Sura (12 Sci.)

PROJECT PRESENTATIONS

- Students enthusiastically presented their projects, exploring new topics, sharing ideas, and building confidence, creativity, and communication skills through hands-on learning.



Aadish, 2α



Aashvi, 4α
Fabrics



Advait, 4ε
Food Chain



Advith, 3ε
Afroz Shah - The Beach Cleaner



Akshraj, 3γ
Health Workers



Arjun, 3β
A day without Workers



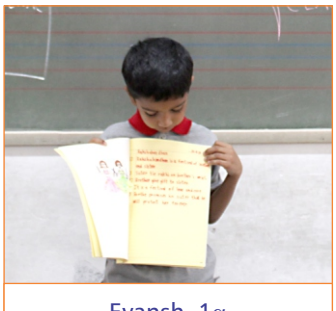
Ayansh, 2γ
Helpers and Entertainers



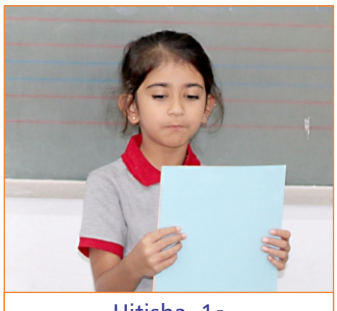
Dhrihaan, 4β
Types of Leaves



Dhriya, 3α
Sudha Murthy



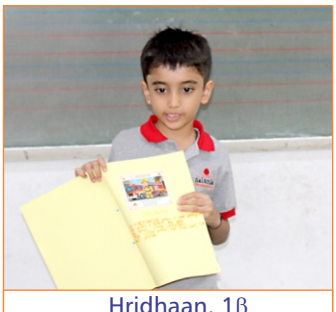
Evansh, 1α
Festivals



Hitisha, 1ε
My Favourite Festival



Hiyaan, 2ε
Festivals



Hridhaan, 1β
Clothes in different occupation



Juhi, 3δ
Road Safety



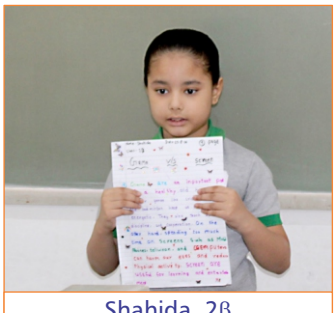
K.P Niralya, 1γ
My Favourite Festival



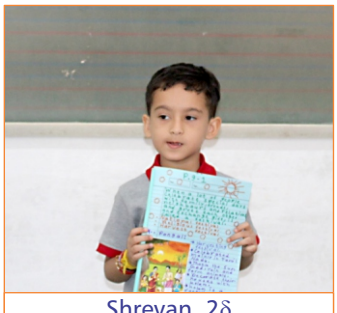
Kaira, 1δ
States & Dresses



Nishka, 4δ
The 3 Rs.



Shahida, 2β
Games vs Screen



Shreyan, 2δ
Festivals



Vaishnavi, 4γ
Soil Pollution

MIDDLE SCHOOL

- **Assembly Presentations:**



Janmay, 7β
Acharya Chanakya



Jia, 8β
Swami Vivekananda



Rudraditya, 8γ
Srinivasa Ramanujan



Maharshi, 8δ
C. V. Raman



Class 8δ News - Svara and Raghav



Class 7β News - Mudit and Aarohi



Class 7β Skit - Kargil Vijay Diwas



Class 8β Skit - World Music Day



Class 8γ Skit - Life of Malala Yousafzai



Class 7γ Skit - International Youth Day

SENIOR SCHOOL

● **Abhivyakti:** The Inter-House Drama Competition, 'Abhivyakti,' was organised for the students of Class 9, with 'Malgudi School Days' as the theme. The young performers brought the simple charm and humour of R.K. Narayan's Malgudi alive on stage. With colourful costumes, expressive acting and lively dialogues, the students brought memorable characters and everyday situations to life. Each performance reflected the students' confidence, creativity and love for the stage. The competition was a wonderful opportunity for the students to showcase their acting skills while enjoying the timeless stories and characters of Indian literature. It was a delightful celebration of storytelling, creativity, and teamwork. Following are the results of this competition.











Category	Winner	House
Best Narrator	Jeeval Shah	Vayu
Best Actor	Hitharth Thakkar	Prithvi
Best Actor (Runner Up)	Aarna Jaradi	Vayu
Best Supporting Actor	Nandish Mistry	Jal
Best Supporting Actor (Runner up)	Megh Suthar	Agni
Best Character Portrayal - Swami	Pramey Amlani	Vayu
Most Energetic Character	Himanish MS	Vayu
Best Dialogue Delivery	Kharv Patel	Agni
Special Mention	Atharva Vivek (Jal), Arnavsingh Parmar(Jal)	
Best Costume	Agni	
Best Poster	Prithvi	
Best Adaptation	Vayu	
Winning House	Vayu	
Runner up House	Agni	



Best Dialogue Delivery - Kharv Patel



Most Energetic Character - Himanish MS



Special Mention - Atharva Vivek, Arnavsingh Parmar



Best Supporting Actors - Nandish Mistry, Megh Suthar



Best Actor - Hitharth Thakkar



Best Character Portrayal - Pramey Amlani



Best Costume - Agni House



Best Narrator - Jeeval Shah

● **Field Trip to an Electrical Manufacturing Unit:** The students of Class 12 went on an educational field trip to an electrical manufacturing unit in Vadodara, where they got a chance to see how things work in the real world. The visit gave them practical exposure to different stages of production, quality checks, safety practices and day-to-day operations. The professionals explained the various processes and highlighted the importance of precision, innovation and safety at the workplace. The students were curious and enthusiastic as they interacted with the professionals and asked questions. The visit was a valuable learning experience that helped students connect classroom learning with its practical application and gave them a glimpse into the electrical manufacturing sector and related career opportunities.



Here's what the students had to say:

We learned how electrical cables are manufactured, tested and packaged. Seeing the actual industrial processes helped us connect our classroom concepts with their practical applications. **- Toshin Jhala, 12 Sci.**

We understood the importance of quality control, safety and precision in industry. Interacting with professionals also helped us learn about various career opportunities. **- Prapt Vora, 12 Sci.**

Observing modern machinery and production techniques enhanced our understanding of industrial operations. The experience encouraged us to think beyond textbooks and appreciate the role of technology in everyday life. **-Anushka Shah, 12 Comm.**

● **Field Trip to a Government Organization:** Students of Class 9 visited an organisation that provides mid-day meals to children in government and government-aided schools across India. The visit gave them an opportunity to understand how such initiatives support children and make a difference in their lives. The experience encouraged our students to look beyond their own surroundings and understand the needs of others.







Here's what our students had to say:

The food was made with utmost care and hygiene. The environment was very meditative. Spirituality and Charity went hand in hand. **-Shreeram Kalyankar, 9α**

It was very interesting to witness the huge machines cooking delicious food which could be identified by the homely smell of the food. **- Siddhant Korde, 9β**

This work is actually a very good deed which gives inspiration to students like us to do good deeds for the well being of others. **- Prakshi Suthar, 9β**

Overall the experience opened our eyes and taught us to be more respectful towards our food. **-Kavya Limaye, 9γ**

● **Frank Anthony Debate Competition:** Our school was proud to host the Frank Anthony Stage-II All India Debate Competition, with enthusiastic participation from five schools across Gujarat. Students from Vapi School, Billabong High School, S.N. Kansagra School, St. Paul School and Atul Vidyalaya took part in the competition. The young debaters spoke with confidence and clarity, presenting their views with well-thought-out arguments. Their ability to think critically, express their ideas and respond to different viewpoints was truly commendable. The competition gave students a wonderful opportunity to share their ideas, listen to others and learn through healthy debate.

















● **Field Trip to an Irrigation Unit:** Students of Class 11 went on an educational field trip to a modern irrigation facility in Vadodara. The visit gave them an opportunity to learn about irrigation technology and its role in agriculture. The students observed different systems and understood how drip irrigation can help save water, improve crop growth and support sustainable farming. They were curious and actively engaged throughout the visit, connecting what they have learnt in the classroom with its practical use.



● **Here's what our students had to say:**

One of the most fascinating things we observed during the visit was the company's unique "living" symbol, which reflects its progress in sustainability. The design is updated over time based on the company's performance across several key indicators, including the reduction of greenhouse-gas emissions.

-Richa Patel, 11Comm.

The field trip helped me understand the extent to which sustainable technologies such as Drip Irrigation matters.

- Jiya Joshi, 11 Hum.

I observed how a small change in our agriculture can bring a huge impact not only all over India but around the globe.

-Vrinda Bhatia, 11 Hum.

● **TED-Ed Presentation:** Nalanda hosted its first TED-Ed Event for the students of Senior School. This platform gave students the opportunity to share their ideas and perspectives with the fellow students. The participants delivered an eight minute presentation showcasing their confidence, creativity and effective communication skills. The event was graced by our alumni parent fraternity, Mr. and Mrs. Deshpande and Ms. Hiral Trivedi. Adding to the occasion were our supportive alumni—Rohangi Madhvani (2021), Zenia Khan (2024), Kenil Bhayani (2021), Anuhsa Baiju (2024), Ananth Iyer, Harsh Shah and Dhairya Patel (Batch 2020). Their presence and encouragement inspired the participants to express themselves fearlessly and thoughtfully.

















● **Field Trip to Gear Manufacturing Industry:** The students of Class 9 went on an educational field trip to a gear manufacturing industry, on 12 September 2026. They learned about the manufacturing process of gear boxes and the different machines used in the industry. They also observed various stages of production and understood the importance of technology, teamwork, and safety at the workplace. The trip helped them to connect physics concepts with industrial applications.





● **Here's what our students had to say:**

For all aspiring engineers, this field visit was nothing short of a kinetic paradise. I believe many of our peers may have either discovered a new interest in engineering or strengthened their determination to explore this field more deeply. The experience gave us a valuable glimpse into the practical world of engineering and inspired us to look beyond textbooks and delve deeper into the fascinating field of technology and manufacturing. **- Siddhant Korde, 9β**

As a keen Physics learner, for me it was the best field trip till now. Receiving information about the mechanism of any complex machines and understanding how it works just added to my curiosity. **- Agrima Rai, 9γ**

It was fascinating to learn that the gears manufactured by the company are supplied to leading brands such as Nescafé, Monaco, Patanjali, and many others for use in their manufacturing processes. **-Yashvi Yadav, 9α**

● **Workshop on Visual Literacy:** Senior School students had an interesting session on Visual Literacy with a filmmaker and renowned photographer. Through photographs and conversations, she shared stories of 14 children from the Changpa community of Ladakh. Students were encouraged to look closely, notice small details and think about the stories behind each picture. The session helped them understand how a photograph can tell a story without using words. It was an engaging experience that made students curious, thoughtful and more aware of different lives and perspectives.







● **Results of Interhouse Traditional Games Competition**:Students enjoyed an exciting Inter-House Competition with traditional games. It was a fun way to stay active, work together and take a refreshing break from studies before the examinations.

Game	Winner	Runners Up
Dog and the bone	Vayu	Agni
Dodge Ball	Prithvi	Jal
Satodiyu	Vayu	Jal
Musical Chair	Vayu	Agni





● **Book Review Activity**: Our Senior School students enjoyed a lively Book Review Activity during their Library Classes. They shared their favourite books, interesting characters, memorable moments and what they took away from their reading.

Here are some of the reviews:

● **The Adventures of Sherlock Holmes by Sir Arthur Conan Doyle**: Have you ever wondered how Sherlock Holmes notices things that everyone else misses? This exciting book shows us that looking and observing are not the same thing. Sherlock teaches us to notice tiny details, someone's words, behaviour, or even a small change around us. His sharp mind and clever thinking turn ordinary clues into amazing discoveries. Reading his adventures can help us develop observation, critical thinking, problem-solving, and better decision-making skills. If you enjoy mysteries, clues, puzzles, and surprising twists, this book will keep you curious from beginning to end! Read it. Observe closely. Think like Sherlock! **- Barkha Sharma, 9γ**

● **The Locked Door by Alex Michaelides**: If you love thrillers filled with secrets, suspense, and unexpected twists, The Locked Door by Alex Michaelides is a book that will keep you turning the pages. The story follows Nora Davis, a successful surgeon whose childhood hides a terrifying secret. Her father was a notorious murderer who targeted women, especially those with blonde hair and blue eyes. He would lure them to his garage, where he kept them as his horrifying "souvenirs." For years, Nora lived with the label of being "the daughter of the Handyman" and tried desperately to leave her past behind.

Twenty-six years later, a series of murders begins to resemble her father's crimes. What makes the situation even more disturbing is that the victims are two of Nora's own patients. When the detective investigating the case discovers Nora's true identity, her carefully hidden past begins to come back to haunt her. Nora now faces a difficult battle: can she keep her darkest memories locked away, or will the secrets of her past finally come to the surface?

With its mysterious characters, shocking revelations, and suspenseful storyline, The Locked Door keeps you guessing until the very end. If you enjoy psychological thrillers that make you question every character and every clue, this is definitely a book worth picking up! **- Amulya Srivastava, 9γ**

● **The House of Hollow by Krystal Sutherland:** What if you disappeared one day and returned as a completely different person?

The House of Hollow is a mysterious fantasy story about three sisters—Iris, Vivi, and Grey—who disappear and return a month later, changed in strange and unsettling ways. Years later, Grey, the eldest sister, suddenly disappears again. Iris and Vivi set out to find her, uncovering dark secrets about their past along the way. Their search leads them into a mysterious world filled with danger, strange clues, and unexpected discoveries. With its suspense, dark fantasy, and surprising twists, this book keeps you guessing until the very end. **- Ananya Patle, 10β**

● **How to Stop Worrying and Start Living by Dale Carnegie**: It is a self-help book that teaches us how to deal with worry and live a more peaceful and meaningful life.

The book explains that worry is a natural part of life, but we should not allow it to control our thoughts and actions. Carnegie shares practical ideas, real-life examples, and stories to show how people can overcome unnecessary worry and face problems with a calmer mind.

One of the biggest lessons I learned is to focus on today's problems instead of constantly worrying about the future.

I especially liked the idea of accepting things we cannot change and putting our energy into what we can control. This simple thought can make life feel much lighter.

What I loved most about the book is that its advice is realistic and easy to understand. The stories make the lessons relatable and remind us to appreciate small moments, spend time with loved ones, and be grateful for what we have.

Some parts feel repetitive, but overall, the book changed the way I think about stress. It reminded me that while we cannot control everything, we can control how we respond.

I would recommend this book to anyone who overthinks or struggles to let go.

- Preya Patel, 10γ

EDUCATOR'S ENRICHMENT PROGRAMME

- **Awareness Session on POCSO:** Educators attended an awareness session on POCSO (Protection of Children from Sexual Offences Act) led by a certified child-rights trainer. The session helped teachers understand children's rights, their responsibilities, and the importance of creating a safe and supportive school environment. Through simple discussions and examples, educators became more aware of how to respond sensitively and responsibly to children's needs.

- **First Aid Training Programme:** Some educators and Admin Staff across the school attended a certified First Air Training Programme focussing on the immediate care to be given to anyone in need before the arrival of medical aid. The topics covered were - Golden Rule of First Aid, how to deal with various wounds and bleeding, burns, sprains and fractures, bites and stings, choking, nose bleed, stomach ache and common medical emergencies.



Following are the First Aid Warriors of our school:

Section	First Aid In-charge
Pre School	Swati Abhyankar, Swati Mukadam
Junior School	Krutika Patil, Vidhiba Aswar
Middle School	Sheetal Achoriwala, Pooja Pandey,
	Prasant Bhagat
Senior School	Uzma Khanam, Dr. Priyanka Buch
Admin Staff	Dilip Solanki, Rajdeep Singh Deo



HALLMARKS



Advait, Sr. KG α
Yellow Belt in Karate



Misha, Jr KG γ- First & Second position in Karate



Pranshi, Sr. KG δ -Cleared Sangeet Prarambhik Exam



Rysa, Sr. KG β - Advanced level in Rubiks Cube



Aarav, 2β - 3rd in Master Spellers Preliminaries



Aarav, 2β -1st in U8 Battle Chess Tournament



Aariv, 3α -14th in U8 Battle Chess Tournament



Aarya, 2β- Qualified Master Spellers Preliminaries



Advait , 4ε
Gold Medal in IMO



Aryan, 2δ-1st position in All Gujarat Roller Skating

HALLMARKS



Dhriti, 2δ - Qualified Master Spellers Preliminaries



Hetanshi, 2γ - Qualified Master Spellers Preliminaries



Jaksh, 4γ- Distinction in Abacus Computation Exam



Krisha, 2ε silver medal in IWFI Karate Championship



Muawiya, 4δ - Orange Belt in Karate



Panav, 4γ - Silver Medal in Karate



Pravya, 4β - 'The Beach Chaos' Bribooks



Shivant, 4β - 3rd position in Chess Competition



Taran, 1δ -Yellow Belt in Karata



Tushant, 1δ 2nd position in NSA - Baby league



Prisha, 2γ - 2nd and 3rd in Karate Championship



Diva, 5α
Certificate in Bharatanatyam



Manvi, 5α - Certificate in Adya Kathak Dance Exam



Mishali, 5β - First Rank in Bharatanatyam



Vivaan,6δ - Designed an impressive Robotic Car



Netra, 8β - Khyati, 6β
Best Entry in INTACH's 'Journey of India's Coins'



Pramey, 9β and Ahaan, 9γ - Qualified for Semi Finals in Frank Anthony Debate Competition

● **Parents' Enrichment Programme**: A 'Safer Smarter Me' session was organised by a certified sexual health educator for parents of Classes 1 to 8. Parents of Classes 1 and 2 explored ways to help children build the knowledge, skills and confidence to stay safe, including digital safety. Parents of Classes 3 to 8 discussed screen time, children's curious questions, digital safety and body-safety messages. Both sessions were interactive and had many useful takeaways. A key message was that parents should be the first people children turn to with their questions and doubts, rather than looking for answers online. The session encouraged parents to have open, age-appropriate conversations and help children make safe and responsible choices.





Here's what our parents had to say:

I learnt how to take the questions and answer patiently and rightly. The session imparted awareness regarding the child safety act, and how we can help children stay safe physically and digitally. **-Devasya, 1ε**

Impressive way of answering a child's question in an age appropriate way. Keeping an approachable environment and open communication to prevent abuse. Smaller conversations are the building blocks. Body literacy is important to teach. **-Swara, 2δ**

It is always better to educate your child early than at a later stage. The child needs a basic explanation in simple language and not the scientific detail of it. - Riaan, 1β

Not only talking of body parts and privacy is important but social media exposure in control is also important and also to explain different ways of sexual abuse before its late. **-Naivedhya, 2β**

It was useful and simple for us to understand as we are going through many unanswered questions from children. Also to develop a little broad vision about talking openly with kids. **-Divisha, 1α**

Learned how to identify online threats and to safely navigate digital platforms, discovered practical ways to protect children. Personal information and set screen boundaries. **-Joy, 2β**

Feedbacks from parents of classes 3 and 4 are as follows:

Communicate well and set clear boundaries, use proper terms that are age appropriate. Spend more time outdoors with her and do not get overwhelmed and get calmer. **- Inaayata, 3β**

The Parent Mirror: Children need to see their parents to do the right thing to actually repeat themselves. We need to be their safety net, whatever happens in their lives we should be their person with whom they share their day. **- Aadhya, 4α**

We learnt how to deal with the awkward situation. How, when and how much to answer instead of over reacting. To be more proactive or aware about how things are going around us and give information accordingly. **- Hayaan, 3δ and Hiyaan, 3α**

I understand that we need to converse clearly with kids and if there is a need to make a boundary then we should make it so there is no red alert. We need to understand their curiosity and make a bridge. **- Sufiya, 4ε**

Take initiative for the required changes in life and express more with our children, so that they can do the same with us. **- Arya Kath, 6α**

Identify the influences, discuss with them, so that we can know who is guiding their decision. We should also take care as a parent of our actions, our words, and what my child is taking the message. Digital literacy of parents is also important. **- Keya Shah, 8β**

We should spend more time with children, be active listeners, be more open to discussions and not be judgemental. Reflecting upon our own childhood experiences will help us understand them better. **-Diva Desai, 5α**

'Don't only focus on giving knowledge or passing on the details to children, rather try to first understand their understanding about the topic or issue and then discuss the subject further and guide them. **-Ansh Verma, 5β**

Remain approachable to your teenagers so that they can come to you to seek help. The shift from control to agency is needed. Keep highlighting empathy in front of children. **-Shlok Kalkani, 6δ**

Please be there when they are having some serious conversations and talk to them. Be empathetic and do not judge. **-Moksh Chheda, 5δ**

How to navigate information or questions or knowledge coming from a growing child. Safety is a two-way street. Digital literacy for parents is important. **- Dhrishit Sudarsan, 7γ**

Parents think that our children are still young but they forget that the children of today's age are learning and observing from a very early age. Do not command and give lectures to them. Always try to discover what influences them. **- Meghdallsinh Maharaul, 5α**

It was really nice to know how the children of this age group think and how we can deal with them. The risks associated with the digital platform are to be understood well. The focus should be on how to communicate and develop values in them. **-Prisha Thakkar, 7β**

PARENTING TIPS - CONVERSATIONS THAT MATTER

The "Safer Smarter Me" session for parents, led by a renowned certified sexual health educator was an opportunity to pause and think about how we can better support children as they grow. A key focus of the session was digital safety and the importance of being present and approachable when children have questions.

In today's world, children are exposed to a lot of information through screens and the internet. As parents, simply telling them what is right or wrong may not always be enough. What children need most is an adult they can talk to openly, ask questions and seek help from without fear of being judged.

A few simple reminders for parents

Be available to listen: Children may have questions that seem small or unexpected to us. Listening patiently helps them feel safe enough to keep talking.

Talk about the digital world: Know what children are watching, playing and exploring online. Regular conversations about online safety are more helpful than having one serious talk.

Answer questions calmly: Children are naturally curious. If they feel uncomfortable asking us, they may look for answers elsewhere. Simple, age-appropriate and honest answers help build trust.

Guide rather than frighten: Help children understand safe and unsafe choices without making them fearful of the world around them.

Set healthy boundaries: Discuss screen time, online behaviour, privacy and what information should or should not be shared online.

Keep communication open: Talk about their friends, school experiences, online interactions and anything that may be bothering them. These everyday conversations make it easier for children to speak up when something really matters.

Teach them to seek help: Children should know that they can approach a parent, teacher or another trusted adult whenever they feel confused, uncomfortable or unsafe.

Build trust every day: Children are more likely to share their problems when they know they will be heard rather than immediately scolded or blamed.

A thought to take home

The session reminded us that keeping children safe is not only about setting rules. It is also about being present, listening patiently and creating a space where children feel comfortable asking questions. When children know that they have someone who will listen and guide them, they are better prepared to make safe and responsible choices.

MAGIC FINGERS



Antra Patel Sr. KG ε



Kaara Mehta Sr. KG β



Nailah Khan Sr. KG δ



Vashishth Buch Sr. KG γ

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